



# BREAKFAST @SCHOOL

For first-class learning!

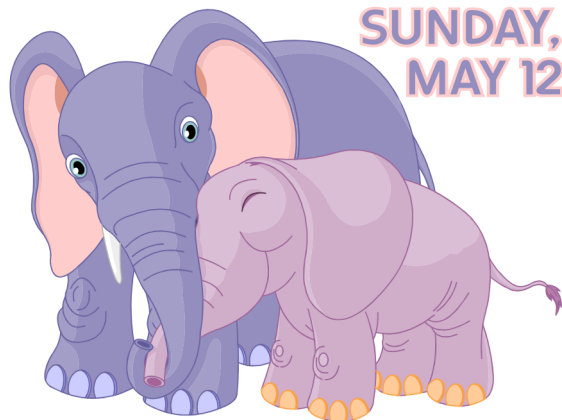
Burger Junior High School Breakfast Menu

Featuring  
Healthy Fruits  
& Grains!

## BREAKFAST MENU FOR MAY 2019

*This institution is an equal opportunity provider and employer.*

## MOTHER'S DAY SUNDAY, MAY 12



Wednesday, May 1

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini Cinis  
(2 grains)

Thursday, May 2

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Sausage &  
Pancake Wrap  
(2 grains)

Friday, May 3

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini  
Cinis  
(2 grains)

## SAFETY FIRST.

Lightning can strike even if it's not raining and the skies around you are sunny! If you can hear thunder, you could be in danger, so always follow the rule, "If thunder roars, stay indoors" – and not under a tree!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

Monday, May 6

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Pillsbury  
Pancake  
Baggie  
(2 grains)  
WG Donut  
(2 grains)

Tuesday, May 7

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Egg & Cheese  
Sandwich  
(2 grains)

Wednesday, May 8

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini Cinis  
(2 grains)

Thursday, May 9

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Sausage &  
Pancake Wrap  
(2 grains)

Friday, May 10

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini  
Cinis  
(2 grains)

## Available

Choose 2 Items

Fruit Juice, Fresh Fruit  
or dished fruit

**\*Must Choose 1 Fruit Item**

Choose 1 Item

Milk: 1%, Fat-Free White Chocolate

Choose 2 Items

Bagelette, muffin, cereal, yogurt or  
cheese stick



Monday, May 13

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Pillsbury  
Pancake  
Baggie  
(2 grains)  
WG Donut  
(2 grains)

Tuesday, May 14

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Egg & Cheese  
Sandwich  
(2 grains)

Wednesday, May 15

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini Cinis  
(2 grains)

Thursday, May 16

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Sausage &  
Pancake Wrap  
(2 grains)

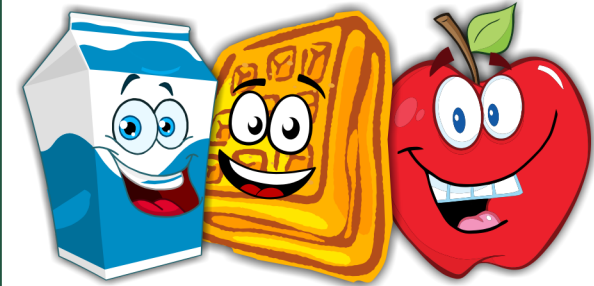
Friday, May 17

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini  
Cinis  
(2 grains)

come join us for  
**Breakfast@School**



Monday, May 20

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Pillsbury  
Pancake  
Baggie  
(2 grains)  
WG Donut  
(2 grains)

Tuesday, May 21

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Egg & Cheese  
Sandwich  
(2 grains)

Wednesday, May 22

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini Cinis  
(2 grains)

Thursday, May 23

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Sausage &  
Pancake Wrap  
(2 grains)

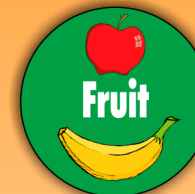
Friday, May 24



**No  
School  
Today**

*First things First*

To make a breakfast,  
choose at least one



or



Monday, May 27



Tuesday, May 28

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Egg & Cheese  
Sandwich  
(2 grains)

Wednesday, May 29

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini Cinis  
(2 grains)

Thursday, May 30

**Hot Breakfast**  
**Entrée**  
**Choices**

Cheese Omelet  
(1 grain)

Sausage &  
Pancake Wrap  
(2 grains)

Friday, May 31

**Hot Breakfast**  
**Entrée**  
**Choices**

Plain Egg Patty  
(1 grain)

Mini  
Cinis  
(2 grains)



and at  
least  
three  
items  
total

RUSH-HENRIETTA  
FOOD SERVICES DEPARTMENT